

PI	tno	Name	B	Club	S1	S2	Total
<b>Ini Fem (22)</b>							
1	13	Joana Branco	[20]	ES de Pinhal Novo	25:21	1 20:44	1
					1000,00	1000,00	2000,00
2	16	Joana Catarino	[24]	ES do Entroncamento IND	26:53	2 21:56	2
					942,96	945,29	1888,25
3	102	Ana Pacheco	[01]	AE Maximinos IND	31:00	3 22:58	3
					817,74	902,76	1720,50
4	99	Márcia Félix	[20]	ES de Pinhal Novo	34:33	4 30:30	8
					733,72	679,78	1413,50
5	11	Constança Ilunga	[19]	ES de Palmela IND	40:29	6 28:04	7
					626,18	738,72	1364,90
6	9	Beatriz Dias	[16]	ES Carlos Amarante IND	41:57	8 27:18	5
					604,29	759,46	1363,75
7	14	Maria Salgueiro	[20]	ES de Pinhal Novo	44:48	14 27:33	6
					565,85	752,57	1318,42
8	10	Carolina Tacão	[19]	ES de Palmela IND	48:36	16 26:23	4
					521,60	785,85	1307,45
9	12	Daniela Holdych	[20]	ES de Pinhal Novo	41:17	7 32:09	10
					614,05	644,89	1258,94
10	6	Ana Monteiro	[10]	EB/S de Vila Pouca de Ag	37:15	5 37:06	16
					680,54	558,85	1239,39
11	100	Kátia Gomes	[02]	AE Ponte da Barca IND	42:50	9 32:03	9
					591,83	646,91	1238,74
12	4	Dulce Fernandes	[04]	EB Apúlia	44:25	13 34:39	13
					570,73	598,36	1169,09
13	2	Ana Pereira	[04]	EB Apúlia	43:41	12 36:04	14
					580,31	574,86	1155,17
14	104	Carina Castro	[12]	EB/S Vieira Araújo IND	49:16	17 32:29	11
					514,55	638,28	1152,83
15	5	Filipa Mano	[04]	EB Apúlia	43:16	11 39:23	19
					585,90	526,45	1112,35
16	103	Ana Costa	[12]	EB/S Vieira Araújo IND	42:54	10 40:46	20
					590,91	508,59	1099,50
17	3	Bruna Pires	[04]	EB Apúlia	47:34	15 38:05	17
					532,94	544,42	1077,36
18	8	Ana Silva	[16]	ES Carlos Amarante IND	52:39	18 36:06	15
					481,48	574,33	1055,81
19	15	Marta Costinha	[20]	ES de Pinhal Novo	57:59	19 39:05	18
					437,19	530,49	967,68
20	1	Ana Viana	[04]	EB Apúlia	1:25:25	22 34:06	12
					296,78	608,02	904,80
21	7	Beatriz Teixeira	[10]	EB/S de Vila Pouca de Ag	58:45	20 48:13	21
					431,49	430,00	861,49
22	17	Carolina Ferreira	[14]	ES Calazans Duarte IND	1:19:24	21 49:25	22
					319,27	419,56	738,83
<b>Ini Masc (23)</b>							
1	28	Tomás Lima	[15]	ES Carlos Amarante	20:50	1 18:30	1
					1000,00	1000,00	2000,00
2	32	Rodrigo Oliveira	[20]	ES de Pinhal Novo	23:31	4 19:40	2
					885,90	940,68	1826,58
3	31	Manuel Oliveira	[20]	ES de Pinhal Novo	21:37	2 23:21	5
					963,76	792,29	1756,05
4	30	João Pinto	[20]	ES de Pinhal Novo	22:37	3 23:38	6
					921,15	782,79	1703,94
5	33	Tiago Lampreia	[20]	ES de Pinhal Novo	25:17	6 21:20	3
					823,99	867,19	1691,18
6	35	André Roberto	[13]	ES Calazans Duarte	25:49	7 21:54	4
					806,97	844,75	1651,72

PI	tno	Name	B Club	S1	S2	Total
<b>Ini Masc (23)</b>			<i>(cont.)</i>			
7	29	Diogo Lampreia	[20] ES de Pinhal Novo	24:42	5 27:04	7
				843,45	683,50	1526,95
8	21	Vasco Mendes	[07] EB Rodrigues Soromenho	27:14	9 27:56	9
				764,99	662,29	1427,28
9	39	Frederico Lisboa	[13] ES Calazans Duarte	27:25	10 27:51	8
				759,88	664,27	1424,15
10	98	André Sérgio	[03] AE Visconde Chancelheiro	27:45	11 29:12	10
				750,75	633,56	1384,31
11	20	Pedro Peralta	[07] EB Rodrigues Soromenho	26:35	8 38:49	16
				783,70	476,60	1260,30
12	26	José Fernandes	[15] ES Carlos Amarante	35:13	14 31:39	12
				591,58	584,52	1176,10
13	23	Carlos Rocha	[16] ES Carlos Amarante IND	35:49	16 35:51	15
				581,67	516,04	1097,71
14	19	Iuri Soares	[11] EB/S Dr. Mário Fonseca I	31:21	12 43:36	21
				664,54	424,31	1088,85
15	27	Samuel Gonçalves	[16] ES Carlos Amarante IND	35:48	15 41:58	19
				581,94	440,83	1022,77
16	25	Eduardo Dias	[15] ES Carlos Amarante	33:48	13 46:23	22
				616,37	398,85	1015,22
17	24	Diogo Oliveira	[15] ES Carlos Amarante	51:47	18 31:28	11
				402,32	587,92	990,24
18	107	Hugo Teixeira	[25] ES Estarreja IND	41:22	17 39:27	17
				503,63	468,95	972,58
19	22	André Ferreira	[15] ES Carlos Amarante	57:00	20 33:31	14
				365,50	551,96	917,46
20	105	Joel Silva	[12] EB/S Vieira Araújo IND	1:02:47	21 32:51	13
				331,83	563,17	895,00
21	18	Daniel Pereira	[05] EB Apúlia IND	53:45	19 40:23	18
				387,60	458,11	845,71
22	36	Bernardo Rosa	[13] ES Calazans Duarte	1:20:13	23 42:26	20
				259,71	435,98	695,69
23	34	André Cunha	[23] ES de Valpaços IND	1:08:13	22 dnf	
				305,40	0,00	305,40
<b>Juv Fem (26)</b>						
1	54	Beatriz Sanguino	[22] ES de Santa Maria	28:21	1 28:34	3
				1000,00	888,56	1888,56
2	55	Debora Swinke	[22] ES de Santa Maria	32:21	2 25:23	1
				876,35	1000,00	1876,35
3	52	Patrícia Romão	[21] ES de Pinhal Novo IND	39:29	5 28:21	2
				718,02	895,36	1613,38
4	47	Helena Lima	[15] ES Carlos Amarante	37:01	3 36:33	6
				765,87	694,48	1460,35
5	44	Margarida Miranda	[04] EB Apúlia	38:23	4 36:30	5
				738,60	695,43	1434,03
6	56	Mafalda Moreira	[22] ES de Santa Maria	40:11	6 37:49	8
				705,52	671,22	1376,74
7	58	Beatriz Esteves	[24] ES do Entroncamento IND	41:54	8 36:55	7
				676,61	687,58	1364,19
8	51	Joana Marques	[25] ES Estarreja IND	52:13	17 32:13	4
				542,93	787,89	1330,82
9	62	Tânia Olaio	[13] ES Calazans Duarte	41:52	7 39:03	10
				677,15	650,02	1327,17
10	106	Filipa Castro	[12] EB/S Vieira Araújo IND	43:54	10 38:36	9
				645,79	657,60	1303,39
11	64	Carina Cotovia	[26] ES Jacôme Ratton IND	42:45	9 40:48	12
				663,16	622,14	1285,30

PI	tno	Name	B Club	S1	S2	Total
<b>Juv Fem (26)</b>			<i>(cont.)</i>			
12	48	Maria Portela	[15] ES Carlos Amarante	47:11	14 39:30	11
				600,85	642,62	1243,47
13	53	Ana Henriques	[22] ES de Santa Maria	44:45	11 41:50	13
				633,52	606,77	1240,29
14	49	Mariana Maurício	[15] ES Carlos Amarante	51:43	16 49:13	14
				548,18	515,75	1063,93
15	42	Catarina Eirado	[04] EB Apúlia	50:39	15 50:38	15
				559,72	501,32	1061,04
16	66	Maria Martins	[27] ES Tomaz Pelayo IND	46:01	12 1:00:26	22
				616,08	420,02	1036,10
17	61	Liane Batista	[13] ES Calazans Duarte	46:18	13 1:08:46	25
				612,31	369,12	981,43
18	45	Ana Fernandes	[15] ES Carlos Amarante	59:20	20 54:10	16
				477,81	468,62	946,43
19	46	Florinda Lopes	[15] ES Carlos Amarante	55:49	18 58:21	19
				507,91	435,02	942,93
20	41	Bruna Miranda	[04] EB Apúlia	58:32	19 59:02	21
				484,34	429,98	914,32
21	40	Alexandra Machado	[04] EB Apúlia	1:02:36	21 1:04:41	24
				452,88	392,42	845,30
22	43	Gabriela Cruz	[04] EB Apúlia	1:16:32	23 54:34	18
				370,43	465,18	835,61
23	101	Delfina Silva	[02] AE Ponte da Barca IND	1:18:32	24 58:43	20
				360,99	432,30	793,29
24	50	Daniela Silva	[17] ES D. Afonso Sanches IN	1:20:38	25 1:02:48	23
				351,59	404,19	755,78
25	60	Filipa Ferreira	[13] ES Calazans Duarte	1:02:51	22 1:23:45	26
				451,07	303,08	754,15
26	57	Mariana Almeida	[22] ES de Santa Maria	dnf	54:22	17
				0,00	466,89	466,89
<b>Juv Masc (28)</b>						
1	95	João Bernardino	[13] ES Calazans Duarte	27:05	1 21:13	2
				1000,00	943,44	1943,44
2	79	João Magalhães	[15] ES Carlos Amarante	30:29	2 21:20	3
				888,46	938,28	1826,74
3	89	Ricardo Ferreira	[20] ES de Pinhal Novo	36:48	6 20:01	1
				735,96	1000,00	1735,96
4	92	Rui Batista	[24] ES do Entroncamento IND	32:05	3 25:23	4
				844,16	788,58	1632,74
5	70	João Casal	[08] EB/S de Ermesinde	32:32	4 25:51	5
				832,48	774,34	1606,82
6	74	Diogo Reis	[09] EB/S de Ourém IND	39:33	10 29:37	7
				684,79	675,86	1360,65
7	88	Pedro Moniz	[20] ES de Pinhal Novo	35:16	5 34:24	11
				767,96	581,88	1349,84
8	80	Leonardo Ramalho	[15] ES Carlos Amarante	37:17	8 32:21	10
				726,42	618,75	1345,17
9	81	André Henriques	[25] ES Estarreja IND	39:23	9 30:57	8
				687,69	646,74	1334,43
10	82	Daniel Magalhães	[18] ES de Maximinos IND	36:53	7 35:32	13
				734,30	563,32	1297,62
11	78	João Gomes	[15] ES Carlos Amarante	41:32	12 32:02	9
				652,09	624,87	1276,96
12	91	André Martins	[24] ES do Entroncamento IND	59:21	22 25:55	6
				456,33	772,35	1228,68
13	76	Ernesto Martins	[16] ES Carlos Amarante IND	41:31	11 41:51	18
				652,35	478,30	1130,65

Pl	tno	Name	B Club	S1	S2	Total
<b>Juv Masc (28)</b>			<i>(cont.)</i>			
14	96	José Fonseca	[13] ES Calazans Duarte	44:36	15 39:31	16
				607,25	506,54	1113,79
15	87	Hugo Glórias	[20] ES de Pinhal Novo	42:07	13 47:40	21
				643,06	419,93	1062,99
16	84	Francisco Abreu	[18] ES de Maximinos IND	55:32	20 35:29	12
				487,70	564,11	1051,81
17	86	Henrique Paquete	[20] ES de Pinhal Novo	52:50	18 39:16	15
				512,62	509,76	1022,38
18	77	Guilherme Faria	[15] ES Carlos Amarante	52:11	17 40:28	17
				519,00	494,65	1013,65
19	83	Eduardo Leite	[18] ES de Maximinos IND	57:07	21 37:38	14
				474,18	531,89	1006,07
20	85	Luís Ferreira	[18] ES de Maximinos IND	44:06	14 51:22	23
				614,13	389,68	1003,81
21	90	Robert Vedrasco	[20] ES de Pinhal Novo	51:23	16 44:47	20
				527,08	446,97	974,05
22	75	Carlos Peixoto	[15] ES Carlos Amarante	53:32	19 49:31	22
				505,92	404,24	910,16
23	94	Guilherme Reinoite	[13] ES Calazans Duarte	1:10:31	26 44:05	19
				384,07	454,06	838,13
24	72	Pedro Silva	[08] EB/S de Ermesinde	1:01:40	23 1:04:05	26
				439,19	312,35	751,54
25	68	Guilherme Ribeiro	[06] EB das Marinhas IND	1:03:56	24 1:02:07	24
				423,62	322,24	745,86
26	71	Marco Amaro	[08] EB/S de Ermesinde	1:05:47	25 1:02:14	25
				411,71	321,64	733,35
27	69	Ângelo Silva	[08] EB/S de Ermesinde	mp	1:11:58	27
				0,00	278,14	278,14
28	73	Rafael Silva	[08] EB/S de Ermesinde	mp	1:13:50	28
				0,00	271,11	271,11